Latehar-822119, Jharkhand

Report of the Five days FDP on Exploring Self: A Paradigm in Education

organized by IQAC of St. Xavier's College Mahuadanr

from 28<sup>th</sup> March to 2<sup>nd</sup> April 2022

The Internal Quality Assurance Cell (IQAC) in collaboration with the Department of Accounts organized a Five–Day Faculty Development Programme on "Exploring Self: A Paradigm in Education" for the teaching staff of St. Xavier's College, Mahuadanr from 28<sup>th</sup> March to 2<sup>nd</sup> April 2022.

**Day 1:** 

March 28, 2022

Inaugural Session: 01.00 pm - 03.00 pm

Resource Person: Sr. Saleena

**Topic: Identity Development in Education** 

The FDP began with the welcome address by Rev. Fr. Dr. M.K. Jose, the Principal. Overview of the college's status, core values, and activities were also highlighted during the inaugural session. The resource person Sr. Saleena revealed the profound influence of educational environments on shaping students' identities, emphasizing the need for inclusive practices to accommodate diverse backgrounds.

Day 2

March 29, 2022

Time: 01.00 pm - 03.00 pm

**Topic: Metacognition and Reflective Practices** 

Resource Person: Sr. Christy John

Sr. Christy dealt with the integration of metacognitive strategies and reflective practices in education to enhance self-awareness, critical thinking, and problem-solving skills among students.

### Latehar-822119, Jharkhand

**Day 3:** 

March 30, 2022

Time: 01.00 pm - 03.00 pm

**Topic: Personalized Learning Approaches** 

Resource Person: Sr. Saleena

The resource person extensively spoke about the methods and technologies that enable personalized learning experiences tailored to individual students, considering their unique learning styles, interests, and strengths.

**Day 4:** 

March 31, 2022

Time: 01.00 pm - 03.00 pm

**Topic: Mindfulness and Emotional Intelligence** 

Resource Person: Sr. Christy John

Sr. Christy presented the impact of incorporating mindfulness practices and emotional intelligence development in the educational framework, fostering self-awareness, emotional regulation, and interpersonal skills

**Day 5:** 

**April 2, 2022** 

Time: 01.00 pm - 03.00 pm

**Topic: Digital Literacy and Self-Directed Learning** 

Resource Person: Sr. Saleena

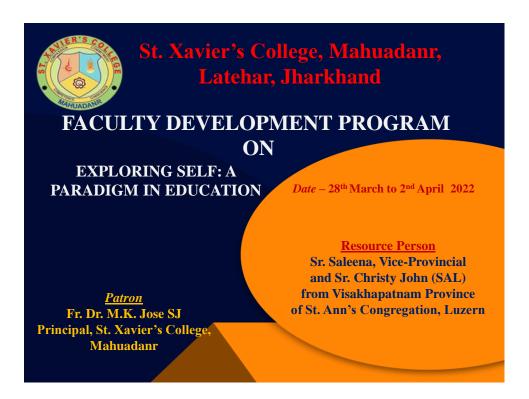
Sr. Saleena delved into the role of digital literacy in empowering students. She said that the integration of technology in the realm of personal development showcased the potential for digital tools to enhance personalized learning experiences.

### Latehar-822119, Jharkhand

In conclusion, the "Exploring Self" paradigm, with its multifaceted subtopics, offered a comprehensive approach to education that prioritizes the individual's development, emphasizing identity and the strategic use of technology. This paradigm lays the foundation for a more student-centered and holistic education system.

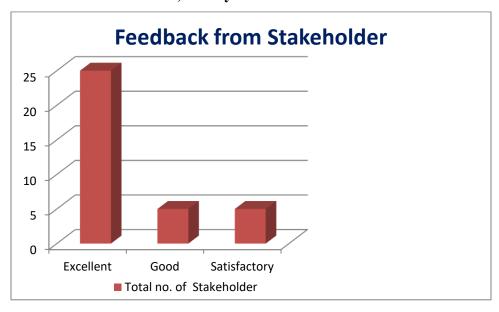
HoD of the Department of Accounts proposed the vote of thanks to the resource persons. Closing remarks and the certificate distribution was done which was moderated by Sr. Kaslin Juliet.

#### **Brochure of the event:**



## Latehar-822119, Jharkhand

#### Feedback from students, faculty another stakeholders:



#### Photo:









## Latehar-822119, Jharkhand











Estd: 2011. Affiliated to Nilamber-Pitamber University, Medininagar NPU/R/953/11 P.O- Mahuadanr, Dist. Latehar, Jharkhand 822119 Accredited with 'B' Grade by NAAC

ISO-9001:2015 AISHE-C-42763

Phone: 08986638271/08987890754 Email:sxcmdanr@gmail.com website: www.sxcm.co.in

Name of the Program: Exploring Self: A Paradigm in Education

Date: 28.03.2022 to 02.04.2022. Academic Year: 2021-22

S. No.	Name	Signature
1	Fr.(Dr.)Joseph M.K., SJ	
2	Asst. Prof. Md Zafar Aqubal	Cal .
3	Asst. Prof. Sr. Jolly K Thomas	Level 2
4	Asst. Prof. Fr. Simon Murmu, SJ	Murmy
5	Asst. Prof. Binay Kumar Yadav	Psydon
6	Asst. Prof. Mukul Toppo	Ludel
7	Asst. Prof. Anjna Ekka	Alber 1
8	Asst. Prof. Neha Minj	Neha minj
9	Asst. Prof. Aaliya Nadim	Aaliya
10	Asst. Prof. Sr. Kaslin Juliat	Sarlis
11	Asst. Prof. Shalini Bara	Slara
12	Asst. Prof. Shashi Shekhar	dahi
13	Asst. Prof. Manisha Baxla	Manla
14	Asst. Prof. Rose Alice Barla	A Land of
15	Asst. Prof. Amrit Minj	Hong 1
16	Asst. Prof. Surabhi Sinha	Division



Estd: 2011. Affiliated to Nilamber-Pitamber University, Medininagar NPU/R/953/11
P.O- Mahuadanr, Dist. Latehar, Jharkhand 822119
Accredited with 'B' Grade by NAAC

AISHE-C-42763 ISO-9001:2015

Phone: 08986638271/08987890754 Email:sxcmdanr@gmail.com website: www.sxcm.co.in

17	Asst. Prof. Chandrodaya	and a
18	Asst. Prof. Rashmi Suman Toppo	Ist S. The
19	Asst. Prof. Aquina Toppo	Alwas Libba K472
20	Dr. Vibha Alpna Kujur	Vibla K4712
21	Asst. Prof. Avay Sukut Dungdung	Anzin
22	Asst. Prof. Reema Renu Kandulna	Randulna
23	Dr. Pyari Kujur	Randulna
24	Asst. Prof. Keerti Minj	Quis
25	Asst. Prof. Shephali Prakash	and of
26	Asst. Prof. Habib Ali Mirdda	H.A.M.
27	Dr. Sanjay Bara	Snite
28	Asst. Prof. Ravi Roshan Minj	R.R. miy
29	Asst. Prof. Beula Bhengra	Beulg
30	Asst. Prof. Neela Purnima Tirkey	Neela
31	Dr. Anil Kumar Tete	fulleter
32	Asst. Prof. Rajeev Kumar Mahto	Razeey
33	Asst. Prof. Maxentius Kujur	Mujus
34	Asst. Prof. John Vinod Kujur	Phu Vin 2 popla
35	Asst. Prof. Ronit Marcel Xess	Rout H. Xess

Principal St. Xavier's College Mahuadanr

# St. Xavier's College, Mahuadanr

Affiliated to Nilamber-Pitamber University Accredited by NAAC, Recognized by UGC

### **Faculty Development Program**

### Certificate

This is to certify that Prof./Dr./Mr./Ms.

Ronit Marcel Xess

has participated in the Faculty Development Program on 'Exploring Self: A paradigm in Education' organized by the Internal Quality Assurance Cell at St. Xavier's College, Mahuadanr, Latehar, Jharkhand, India, from 28<sup>th</sup> March to 2<sup>nd</sup> April 2022.

HoD

**IQAC** Coordinator

Principal